



National and South Carolina Mental Health Resources:

IN AN EMERGENCY OR CRISIS:

Dial 911

National Suicide Prevention Lifeline:

Dial 988(call, text, chat)

South Carolina Department of Mental

Health Crisis Line: 833-364-227

Domestic Violence, Abuse, and Sexual
Assault Resources:

**DSS South Carolina report child abuse or
neglect:** 1-888-227-3487

National Domestic Abuse Hotline 24/7:

1-800-799-SAFE(7233) Text “START” to 88788

National Sexual Abuse Hotline 24/7:

800-656-HOPE

SC Coalition Against Domestic Violence and
Sexual Assault: 803-256-2900

MENTAL HEALTH AND SUBSTANCE USE DISORDER RESOURCES:

SAMHSA’S NATIONAL HELPLINE is a free,
confidential, 24/7, 365-day-a-year treatment referral
and information service (in English and Spanish) for
individuals and families facing mental and/or
substance use disorders. tel:1-800-662-4357

NAMI-National Alliance on Mental Illness- Provides information, support services, and referral services.

National:1-800-950-NAMI(6264) or
go to NAMISC.org for local resources.

South Carolina Department of Health (SCDMH) Call:
803-898-8581 or go to scdmh.org

Warmlines: This is staffed with a Peer Specialist who
can offer hope, strength, and knowledge gained from
their personal experience living with a mental illness
or substance use disorder. (864)271-8888

LGBTQ+ Community:

LGBT National Help Center: 1-888-843-4564 or
www.glnh.org

LGNT National Youth Talk Line 1-800-246-Pride
(7743)

Trevor Project Crisis Line (LGBTQ) Youth:
1-866-4-U-TREVOR(488-7386)

TEXT 678678- www.TrevorProject.org

SELF-HELP RESOURCES AND GROUPS:

Alcoholics Anonymous: www.aa.org

Narcotics Anonymous: 1-888-GET-HOPE(438-4673)
or www.na.org/meeting search

Al-Anon/Ala-teen (for families living with an
alcoholic) www.al-anon.alateen.org

Nar-Anon (for families living with addicts.)

www.nar-anon.org



Mental Health Screening

Mental Health Screenings:

Department of Mental Health and The South Carolina Department of Children's Advocacy have partnered and offered this free screening for parents who want to know more or are concerned about their child's mental health. Go to <https://hope.connectssckids.org> and take the online questionnaire.

Mental Health America also offers mental health screenings. Go to: <https://screening.mhanational.org/> to use their screening tools.

If you or your child are in crisis or contemplating suicide, please call or text 988 or chat 988lifeline.org or text Hope4SC to 741741. Alternatively, you can reach SCDMH's mobile crisis line at 1-833-364-2274

